



# MMA

VARSITY MARTIAL ARTS LEAGUE







## THE MARTIAL ARTS ATHLETE

Star pitcher, quarterback, point guard, forward, center, marksman, goalie are some of the many words associated with positions and or titles of the traditional sports of varsity and junior varsity programs.

The Varsity Martial Arts League (VMAL) presents to the martial arts athlete an opportunity to expand their recognition by striving to be their best. VMAL awards are obtainable by any martial artists that meets the requirements. In 2011 the VMAL teamed up with The Educational Martial Arts System (TEMAS), "A nonprofit corporation for the further enhancement of the arts," A 501(c)(3) since 1992. Recipients are not required to be a member of TEMAS. VMAL programs will offer specially designed emblems, pins and certificates of achievement, exclusively for martial arts. Programs are designated for Junior Varsity Letter, Varsity Letter membership and Collegiate Varsity Letters. Martial artists starting in eighth (8) grade through the completion of their higher education will be able to apply for this personal achievement.



"The martial arts athlete have earned the right to level the playing field and to be recognized among the most dedicated athletes," shared Brian Manna, TEMAS Executive Director. "Week in week out the martial artist is putting in the hours to train their mind and body for personal development and compete in a sport that they love, at the same time sharing and building the members they train beside."

Until now very few of the eighth grade through collegiate martial artists have had the opportunity to letter in martial arts. So many of the world class athletes improve their skills cross training in the martial arts. We remain excited about the recognition that the martial artist will now receive throughout the sport. This will enable the martial artist to earn the recognition they deserve, on a level playing field alongside other athletes and classmates.

These programs are open to martial arts athletes in all styles, disciplines and affiliations who are enrolled in 8th grade through continued education and are currently VMAL members or become VMAL members. The program will run June 1- May 31 of each year, and will honor those who document their training and competition involvement by awarding emblems, pins and award certificates. They are designed to be worn on existing letterman's jackets, or any jacket of the athletes' choosing, as a symbol of achievement.

You will be required to complete the VMAL application, either online or download and submit by mail or fax.

# Frequently Asked Questions

## **What type of VMAL membership do I need to participate in this program?**

If you are an 8<sup>th</sup> through 12<sup>th</sup> Grade student with less than 2 years martial arts experience then you should apply for a Junior Varsity Letter.

If you are a 10<sup>th</sup> through 12<sup>th</sup> Grade student with 2 or more years martial arts experience then you should apply for a Varsity Letter.

If you are a Continued Education student with 2 or more years martial arts experience then you should apply for a Collegiate Varsity Letter.

## **What is the application fee?**

\$45 per program year. An application and fee must be submitted for each year of participation.

Application Online: [www.vmal.org](http://www.vmal.org)

Print and Mail: TEMAS VMAL, 12285 World Trade Drive Ste. B, San Diego, CA, 92128

Print and Fax: 858-673-4137

## **What happens after I send in my application?**

After VMAL receives your application, an email will be sent to you with information about the program.

## **What is the time frame to meet the hour and competition requirements?**

Each program year runs from June 1 through May 31.

Any hours or competition within the program year may be used, regardless of when you sign up for the program.

## **What is the deadline to submit all the required materials?**

All documentation must be complete and received in the VMAL office by June 15 for graduating seniors.

## **If I have already met the requirements of the program do I have to wait until May 31st to submit everything?**

No. We encourage you to submit your log, competition record, and proof of enrollment as soon as you have met all the requirements.

There is an enormous increase in submissions received at the VMAL near the end of the program year. This greatly increases the amount of time to process each submission. Submit your documentation early for faster processing.

## **Can I send my documentation in separately?**

Please send all of your records (hour log, competition verification, and proof of enrollment) in at the same time, by the same method.

Please choose one method (online OR email OR mail OR fax) to submit your records. Online submissions are preferred and are typically processed faster. Sending piecemeal paperwork through multiple avenues increases the amount of time spent processing each submission and increases the possibility of lost documents. Please keep a copy of everything you are submitting for your records.

## **What do I send to provide proof of enrollment in high school?**

Current report card, current transcript, current mid-term report card or certification of enrollment in a home schooling program.

Verification must include student's name, appropriate grading period, and institution name/home school designation. Please black out your social security number if it appears on your transcript before submitting the document.



### **How many hours does the program require?**

100 hours which can include martial arts classes, clinics, demonstrations, seminars, competitions, etc. Only time spent actively working with an instructor can count. The following cannot be used towards the hour requirement: individual training, other sporting activities, viewing class without participation, time driving to competitions, time spent driving to class, time spent at competitions when you are not competing, etc. (See Program Requirements on next page)

### **What are the competition requirements?**

Students must complete in four (4) competitions during the program year. Any competition that is organized by a recognized martial arts organization or club will count toward the requirement. Example: In-school championships, local, state or international tournaments such as the Junior Olympics, etc. and many more.

### **What do I submit as verification that I have met the competition requirements?**

Verification must include student's name as a competitor along with the competition's name and date. Verification accepted includes results printed from an online source, invoice from competition, signed letter from competition organizer and participation certificate.

### **Can I apply for previous years in school?**

Yes, we do allow students to sign up retroactively as long as they are still a current martial arts student. For example, a sophomore just finding out about the program can also sign up for their freshmen year. Students are still required to provide verification for each year they are enrolled to meet the requirements for that year.

### **How do I submit my documentation?**

Email: [documents@vmal.org](mailto:documents@vmal.org)  
Mail: TEMAS VMAL, 12285 World Trade Drive Suite. B, San Diego, CA, 92128  
Fax: 858-673-4137

### **Who can I contact with questions about the program?**

Visit [www.vmal.org](http://www.vmal.org) or email [info@vmal.org](mailto:info@vmal.org) or call 858-487-6406

### **What are my options for receiving my award?**

TEMAS VMAL will be the monitoring and certification providing agency. Five options exist for providing the recipient with their award:

1. The Public, Private or Homeschool may, at their approval, award their Varsity Letter at their yearend sports awards event, after VMAL notification of achievement.
2. The Public, Private or Homeschool may, at their approval, choose to award VMAL Varsity Letter at their yearend sports awards event.
3. The Martial Arts Instructor may, at their approval, be invited to present the VMAL Varsity Letter at the yearend sports awards event at your educational center's approval.
4. The Martial Arts Instructor may award the VMAL Varsity Letter at your training center.
5. TEMAS will publish on the VMAL Varsity Letter portal recognition.
6. The VMAL award will be sent to me directly.

In all of the above recognition options the recipient, the training center, the educational institute, and guardian will be notified of the VMAL Varsity Letter achievement and sent your Certificate of Achievement. This Certificate of Achievement will be able to be printed and or posted.

### **Are there any costs for my martial arts school or educational center to participate in the VMAL?**

No. Participation in the VMAL is voluntary, there are no fees associated in any way for the educational institute or for the martial arts school or instructors. The VMAL is associated with TEMAS a nonprofit corporation.





# Program Requirements

1. Complete the following requirements between June 1 and May 31, per application year:
2. Log at least 100 hours of martial arts training/classes.  
Only time spent actively working with an instructor can count. The following cannot be used towards the hour requirement: individual training, other sporting activities, viewing class without participation, time driving to competitions, time spent driving to class, time spent at competitions when you are not competing, etc.
3. Must assist or participate in a minimum of nine (9) hours of additional martial arts activities.  
Belt tests, exhibitions, leadership classes, assist in classes, championships, clinics, camps, exhibitions, etc.
4. Provide verification of competing in four (4) competitions  
Any competition that is organized by a recognized martial arts organization or club will count toward the requirement. Example: Inter-school championships, local, state or international tournaments such as the Junior Olympics, etc. and many more.

Verification must include student's name as a competitor along with the competition's name and date. Verification accepted includes- results printed from an online source, invoice from competition, signed letter from competition organizer and or participation certificate.

The following will not be accepted as competition verification- class lists, entry forms, photos of ribbons or awards, or year-end results.

5. Provide current proof of enrollment in academic educational institution/homeschool designation.  
Current report card, current transcript, current mid-term report card, or certification or enrollment in a home schooling program.

Verification must include student's name, appropriate grading period, and institution name/homeschool designation.

Please black out your social security number if it appears on your transcript before submitting the document.

6. Submit your documentation once the requirements have been completed:  
Online: The "Varsity Martial Arts League Member Portal" that will provide full relational database login and security will be online for your use soon.

Email: Scan documents, clearly print your name and birthdate on each document submitted and send to: [documents@vmal.org](mailto:documents@vmal.org)

Mail: TEMAS VMAL, 12285 World Trade Drive Ste. B, San Diego, CA, 92128

Fax: 858-673-4137

Please allow two weeks for submitted documentation to be reviewed by VMAL. Once all requirements have been met, an email will be sent with your Certificate of Achievement and directions on how to order your Varsity Martial Arts League varsity letterman patch, lapel pin, and exclusive VMAL Martial Arts Athlete apparel.

For more information about the program, please visit [www.vmal.org](http://www.vmal.org).

Please contact VMAL or [info@vmal.org](mailto:info@vmal.org) or 858-487-6406 with questions regarding this program.

You may support the VMAL or TEMAS by making a donation at [www.temas.org](http://www.temas.org) or by mail.





OPEN TO ALL MARTIAL ARTS



**THE EDUCATIONAL MARTIAL ARTS SYSTEM, INC.**  
**VARSITY MARTIAL ARTS LEAGUE**  
A 501(c)(3) CORPORATION FOR THE PROMOTION AND DEVELOPMENT OF THE ARTS  
 International Headquarters: 22850 World Trade Drive, San Diego, CA 92128  
 Phone: (619) 457-6408 Fax: (619) 474-4137  
 Email: membership@emas.com Website: www.emas.com

### APPLICATION FOR MEMBERSHIP

Junior Varsity Letter Membership (8th through 12th Grade)  Varsity Letter Membership (10th through 12th Grade)  Collegiate Varsity Letter (Continued Education)

**APPLICANT INFORMATION:**

Name: \_\_\_\_\_ Country: United States of America

Address Street: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_-\_\_\_\_ E-Mail Address: \_\_\_\_\_

If applicant is under the age of 18 guardian information is required.  
 Guardian's Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Telephone: (\_\_\_\_) \_\_\_\_\_-\_\_\_\_ E-Mail Address: \_\_\_\_\_

By signing here and on the reverse side of this application I am agreeing that all of the information is accurate and true, and agree to the terms and conditions outlined on the reverse side.

Applicant: \_\_\_\_\_ Date: \_\_\_\_\_  
 Guardian: \_\_\_\_\_ Date: \_\_\_\_\_ (If the applicant is under 18 years of age)

**Martial Arts School/Program:**

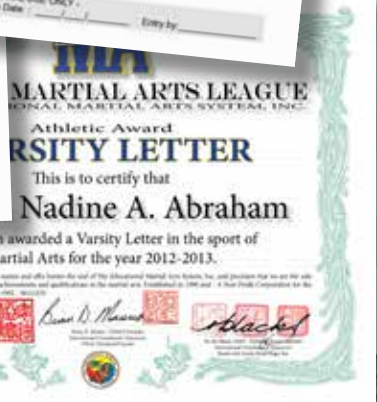
School/Club Name: \_\_\_\_\_ Applicant Rank: \_\_\_\_\_  
 Instructor's Name: \_\_\_\_\_ Instructor's Rank: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Telephone: (\_\_\_\_) \_\_\_\_\_-\_\_\_\_ E-Mail Address: \_\_\_\_\_

**Scholastic School** (currently attending):  Middle School  High School  College

Educational Format:  Public  Private  Charter  Home  College

School Name: \_\_\_\_\_ Current Class/Grade: \_\_\_\_\_  
 School Contact: \_\_\_\_\_  
 Mailing Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Telephone: (\_\_\_\_) \_\_\_\_\_-\_\_\_\_ E-Mail Address: \_\_\_\_\_

Membership No: \_\_\_\_\_ Region: \_\_\_\_\_ TEMAS OFFICE - OFFICIAL USE ONLY -  
 Issue Date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_ Entry by: \_\_\_\_\_



**VARSITY LETTER AWARD PRESENTATION JUNE 2, 2012**

Grandmaster Brian Manna, Founder of the Educational Martial Arts System presented Gayle Abraham with her 2012 Varsity Letter in the art of Tang Soo Do and Emma Baker with her 2012 Junior Varsity Letter in the art of Tang Soo Do

Lifetime Master Instructor Members: Chris Brandt, Janet Maruna and Wai Dieck were on hand at this special presentation at the TEMAS International Headquarters.





**Varsity Martial Arts League**  
*Presented by*



The Educational Martial Arts System, Inc.  
*"A non profit corporation for the further enhancement of the arts."*  
501(c)(3) Fed I.D. #33-097420



12285 World Trade Drive Ste. B, San Diego, CA, 92128  
Phone: 858-487-6406 Email: [info@vmal.org](mailto:info@vmal.org) Website: [www.vmal.org](http://www.vmal.org)

VMAL and TEMAS Copyright 2013